



# News Bulletin

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## CCRAS and UAU Join Hands to Promote Ayurveda



A glimpse of officials participating in signing of the MoU between CCRAS, New Delhi and Uttarakhand Ayurved University, Dehradun on 24<sup>th</sup> June, 2021

A Memorandum of Understanding (MoU) was signed between the Central Council for Research in Ayurvedic Sciences (CCRAS) and Uttarakhand Ayurved University (UAU) to promote research and academic activity in the field of Ayurveda. Dr. N. Srikanth, Director General (Additional charge), CCRAS, New Delhi and Prof. Sunil Joshi, Vice Chancellor, Uttarakhand Ayurved University, Dehradun, Uttarakhand signed the MoU in the presence of other senior officers of the two institutions on 24<sup>th</sup> June, 2021 through video conferencing.

“ *The two institutions committed to promote and expedite research and development activity in the field of Ayurvedic Sciences* ”



**Glimpse of the MoU signed between CCRAS, New Delhi and National Medicinal Plant Board (NMPB) on 20<sup>th</sup> April, 2021**

A Memorandum of Understanding (MoU) was signed between CCRAS, New Delhi and National Medicinal Plant Board (NMPB) on 20<sup>th</sup> April, 2021 for extending mutual cooperation in the field of ‘Medicinal Plants Research and Translation of Research Outcomes’ for a period of 5 years. The Council contributed in the development of guidelines for Ayurveda Practitioners for COVID-19 patients in home isolation and Ayurveda preventive measures for self care during COVID-19 pandemic.

## **IEC, Awareness Programmes and Arogya Mela**

### **NARIP, Cheruthuruthy**



**Dr. D. Sudhakar delivering a lecture during the inaugural function of National Blindness Prevention Week on 1<sup>st</sup> April, 2021 at NARIP, Cheruthuruthy**

In connection with the National Blindness Prevention Week which is observed from 1<sup>st</sup> April, 2021 to 7<sup>th</sup> April, 2021, an inaugural ceremony was organized in the OPD block of NARIP, Cheruthuruthy on 1<sup>st</sup> April, 2021. Dr. D. Sudhakar, Director, inaugurated the function and emphasized importance of eye among all

sense organs and utmost care should be taken for prevention of eye diseases. An awareness lecture on the topic 'Common causes of eye diseases and its prevention' was delivered by Dr. V. C. Deep, Assistant Director (Ay.) and Hospital Superintendent. A lecture on the topic 'Common causes of blindness and scope of Ayurveda' was delivered by Dr. Krishna Kumar V., R.O. (Ay.). On account of National blindness prevention week, a free Blindness screening camp was also organized for one week.

## **Participation of Council Officers in Important Meetings, Seminars and Conferences and Presentation of Papers**

### **MSRARI, Jaipur**

- Sensitization training regarding 'Agni Assessment Tool' was organized in the institute on 13<sup>th</sup> April, 2021 in which all the Research officers of the institute participated.
- All the Research Officers of the Institute attended lecture and interactive session on the topic 'Generation of Robust Scientific Evidence through Trans-disciplinary and Translational Research - Scope and Way forward' on 16<sup>th</sup> April, 2021 through Video Conference organised by CCRAS Hqrs. Office, New Delhi.
- All the Research Officers of the Institute attended the event of launch of 'Ayush Clinical Case Repository portal and Ayush Sanjivani mobile App (3<sup>rd</sup> version)' on 27<sup>th</sup> May, 2021 through video conferencing organized by CCRAS Hqrs. Office, New Delhi.
- Dr. B.R. Meena, Assistant Director In-charge, participated in the 'Review meeting for distribution of AYUSH 64/Kabasura Kudineer' through VC held on 31<sup>st</sup> May, 2021 organised by CCRAS Hqrs. Office, New Delhi.
- All the Officers of the Institute attended the training for the 'Use of AYUSH-Sanjivani App' on 09<sup>th</sup> June, 2021 through virtual conference organised by CCRAS Hqrs. Office, New Delhi.
- Webinar on 'Role of Ayurveda in COVID-19 Pandemic' was organized on the occasion of Amrit Mahotsav by the institute on 11<sup>th</sup> June, 2021 in which Dr. Swati Sharma, R.O. (Ay.) delivered the lecture.
- Dr. V. B. Kumawat, R.O. (Ay.); Dr. S. K. Vedi, R.O. (Ay.); Dr. Swati Sharma, R.O. (Ay.) and Dr. Monika Kumari, R.O. (Ay.), participated in 'Training session regarding execution of outreach programme (AMHCP, RCH, THCRP and Ayurveda health centre (NE))' on 14<sup>th</sup> June, 2021 through VC organised by the CCRAS Hqrs. Office, New Delhi.
- Dr. B.R. Meena, Assistant Director In-charge and Dr. S.K. Vedi, R.O. (Ay.) participated in the 'NABH Training Programme' held from 16<sup>th</sup> June, 2021 to 18<sup>th</sup> June, 2021 organised by the CCRAS Hqrs. Office, New Delhi.
- Dr. Monika Kumari, R.O. (Ay.) participated in "National Webinar on Manuscriptology" organized by Department of Samhita & Siddhant, Mahatma Gandhi Ayurved College, Hospital and Research Centre (MGACHRC) on 30<sup>th</sup> June, 2021.

## **CARI, Patiala**

- Dr. Harbans Singh, R.O. (Ay.), delivered a lecture on ‘Non Alcoholic fatty liver disorders and Ayurveda’ during the webinar organized by Desh Bhagat University, Mandi, Gobindgarh on 14<sup>th</sup> June, 2021.
- Dr. Sangeeta Sangvikar, R.O. (Ay.), participated in the National Webinar on the ‘Role of Rasa Aushadhi in Clinical Practice’ on 18<sup>th</sup> May, 2021 by APM’s Ayurved College, Sion, Mumbai.
- Dr. Sangeeta Sangvikar, R.O. (Ay.), participated in the National Webinar on ‘Recent Advances in Ayurvedic-Modern Science in the Management of Anorectal Disorders’ on 31<sup>st</sup> May, 2021 by Dhanwantri Ayurved Medical College and Charitable Hospital, Udgir, Maharashtra.
- Dr. Sangeeta Sangvikar, R.O. (Ay.), participated in the International Webinar on Role of Ayush in Managing COVID-19 in the Present Scenario organized by Teeka Foundation, Odisha held on 31<sup>st</sup> May, 2021.
- Dr. Sangeeta Sangvikar, R.O. (Ay.), participated in the National Webinar on ‘Tobacco Epidemic-Let’s Join Hands to Fight this Menace’ organized by BMAC&RH Butibori, Nagpur on 31<sup>st</sup> May, 2021.
- Dr. Sangeeta Sangvikar R.O. (Ay.) participated in the National Webinar on Shalya Tantra organized by Jupiter Ayurved Medical College & Tarini Hospital, Shankarpur, Nagpur on 5<sup>th</sup> June, 2021.
- Dr. Sangeeta Sangvikar R.O. (Ay.) participated in the National Webinar on Update Kaumarabhritya-1 organized by APM’s Ayurved College, Sion, Mumbai on 11<sup>th</sup> June, 2021.
- Dr. Sangeeta Sangvikar, R.O. (Ay.) participated in the National Webinar on ‘Awareness Program on Pharmacovigilance for ASU&H Drugs’ on 18<sup>th</sup> June, 2021 organized by CCRAS, New Delhi.
- Dr. Santosh S. Mane, R.O (Ay.) and Dr. Gajarmal Amit Ashok, R.O (Ay.) attended a webinar on 16<sup>th</sup> April, 2021 on ‘Generation of robust scientific evidence through trans-disciplinary & translational research – Scope & way forwards’ delivered by Prof. Bhushan Patwardhan, National Research Professor, Ayush.
- Dr. Santosh S. Mane, R.O. (Ay.) and Dr. Gajarmal Amit Ashok R.O. (Ay.) attended the Webinar on 29<sup>th</sup> May, 2021 on ‘Importance of Sanskriti to study Ayurvedic literature’ organized by Dhanwantari Ayurveda Medical College & Hospital, Udgir, Latur.

## **Hindi Workshops and Trainings**

### **NCIMH, Hyderabad**

The Institute organized a Quarterly One day Hindi workshop at the Institute level on 23<sup>rd</sup> June, 2021 under the supervision of the Official Language Implementation Committee. In the morning session, Mr. Rajendra Verma, Asst. Director, Hindi Teaching Scheme, Pune delivered a lecture on the topic 'Windows 10 and information related latest features of MS Word', and in the afternoon session Dr. Archana Pandey, Assistant Director, DRDO, Hyderabad, delivered a lecture on the topic 'Official Language Hindi and its Implementation' through Video conferencing.

## MSRARI, Jaipur

Quarterly Hindi workshop was organized in the Institute on 26<sup>th</sup> June, 2021. Shri Rajendra Kumar Jain, Deputy Director, Official Language, Office of the Principal Chief Commissioner of Income Tax Rajasthan, Jaipur delivered the guest lecture on the topic 'कार्यालय में राजभाषा नीति का कार्यान्वयन'.

## International Day of Yoga

The 7<sup>th</sup> International Day of Yoga was observed with the theme 'Be with Yoga, Be at Home' and it brought with it many activities and events that would help usher in Yoga and its numerous health benefits into the lives of people. To mark the occasion, the Central Council for Research in Ayurvedic Sciences (CCRAS) along with all the peripheral units, keeping the current surge in Covid-19 in mind organized various activities. Glimpse of some of the activities are:



CARI, New Delhi celebrated 'International Day of Yoga-2021' by performing *Yogasanas* following Common Yoga Protocol – 2021 with the active participation of institute officials and staff.



Performing *Yogasanas* with the active participation of institute officials & staff at Central Ayurveda Research Institute (CARI), Guwahati on the occasion of 7<sup>th</sup> International Day of Yoga - 2021.



All the Officers and staffs performing Yoga as per Common Yoga Protocol demonstrated by Dr. Biswo Ranjan Das, R.O. (Hom.) at NCIMH, Hyderabad in the series of celebration of IDY-2021



On the occasion of IDY 2021 at NARIP, Cheruthuruthy, Dr. Binitha led the demnstration of yogasana with the active participation of all the officers and staff



The institute staff practicing Yogasana on the eve of celebration of IDY-2021 at RARI, Jammu



CARI, Bhubaneswar organized Yoga session among officials and staff of the institute on the eve of IDY 2021.

## World Environment Day

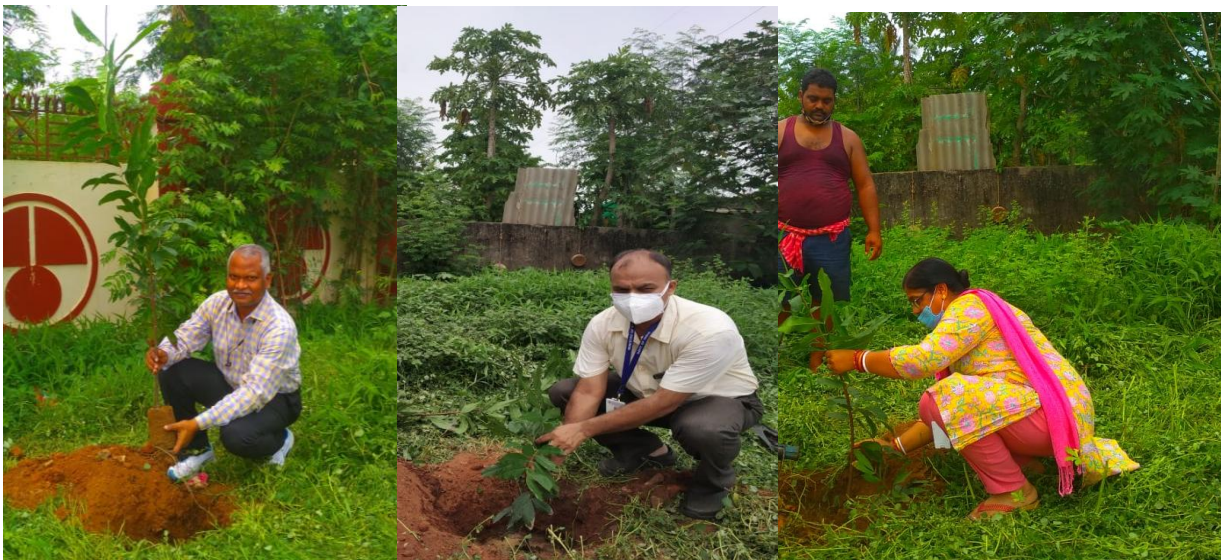
World Environment Day was celebrated on 5<sup>th</sup> June, 2021. As a part of the celebration, various activities were organized in the Council as well as at all the peripheral institutes of CCRAS. Glimpse of some of the activities are:



Glimpse of plantation of medicinal plants on the occasion of World Environment Day in the Herbal Garden of CARI, Guwahati



**Planting of medicinal plant sapling by Dr. D. Sudhakar, Director, NARIP Cheruthuruthy on the occasion of World Environment Day.**



**Glimpse of plantation of medicinal plants on the occasion of World Environment Day at CARI, Bhubaneswar**



**Glimpse of plantation of medicinal plant at RARI, Thiruvananthapuram on the occasion of World Health Day.**



## World Health Day

“Building a fairer and Healthier World for everyone” adhering with the theme, World Health Day was celebrated on 7<sup>th</sup> April, 2021 with great enthusiasm and zeal at CCRAS Headquarters and all the peripheral institutes of CCRAS. Glimpse of some of the activities are:



Dr. G.P. Prasad, Assistant Director I/c, NCIMH, Hyderabad briefing about the role of balanced diet and lifestyle to the elderly people of Abhaya Old Age Home, Nagole on the occasion of World Health Day on 07<sup>th</sup> April, 2021



Dr. Om Prakash, AD I/c, delivering lecture to the patients visited institute OPD on the occasion of World Health Day at CARI, Lucknow



Dr. Rahul D. Ghose, R.O. (Ay.), distributing medicine during World Health Day celebration at RARI, Gangtok, Sikkim.



Glimpse of awareness session organized on the occasion of 'World Health Day' in the institute OPD at NARIP, Cheruthuruthy.



## Appointment/Promotions/Retirements

### MSRARI, Jaipur

Sh. Gopal Chandra Behera, Assistant, transferred from RARI, Patna and joined the institute on 10<sup>th</sup> June, 2021.

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