



Central Council for Research in Ayurvedic Sciences

# News Bulletin

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## Ayush Minister dedicate CARI, Jhansi to the Nation



Glimpse of CCRAS publications released by Shri Shripad Naik, Hon'ble MoS (I C), MoAYUSH in the presence of eminent dignitaries along with the Director General, CCRAS Prof. Vd. K. S. Dhiman during inauguration of Pharmacy, Drug Testing Laboratory and National Standards Medicine Museum building of CARI, Jhansi, on 07<sup>th</sup> January, 2021

Hon'ble Minister of State (Independent Charge), Ministry of Ayush, Shri Shripad Naik, inaugurated newly built Pharmacy, Drug Testing Laboratory and National Standards Medicine Museum building of Central Ayurveda Research Institute (CARI), Jhansi, on 07<sup>th</sup> January, 2021 in the august presence of Mr. Ravi Sharma, Hon'ble MLA, Jhansi Constituency; Sh. Pramod Kumar Pathak, Additional Secretary, MoAyush; Sh. Anand Sharma, Baidyanath Pharmacy, Jhansi; Dr. J.L.N Sastry, Chief Executive Officer, National Medicinal Plants Board, New Delhi; Prof. Vaidya K.S. Dhiman, Director General, CCRAS and Mr. Andre Vamsi, District Magistrate of Jhansi Region and other eminent dignitaries. The event was presided by Director General Prof. Vaidya K. S. Dhiman with a welcome address. Further the Ayush Minister highlighted the activities of CCRAS and its peripheral institutes in his presidential lecture.

The event also witnessed the release of CCRAS publications Marmachikitsa - Basic Tenets in Ayurveda and Therapeutic Approaches, Textbook of Shalya Tantra - Surgery in Ayurveda (Volume I),

Manual of Svāsthya Assessment Scale (SAS) and Ayurvedagranthasamuchaya: Collection and Multilingual Searchable Electronic Books of Ayurveda (Ayurveda E-book Portal).

## Glimpse of Training programme on ‘Field collection, Processing, Preservation and Storage of herbal drugs’



Central Ayurveda Research Institute (CARI), Jhansi, organized a one day training programme on ‘Field collection, Processing, Preservation and Storage of herbal drugs’ on 6<sup>th</sup> January, 2021 under the chairmanship of Prof. Vaidya K.S. Dhiman, Director General, CCRAS. Programme was started with the enlightenment of the lamp followed by the inaugural speech of DG, CCRAS. After that scientific session was started with the presentation by Dr. Anupam K. Mangal, A.D. (P’cognosy), CCRAS on ‘Botanical Standardization of Raw Drugs’. The session continued with the presentation on ‘Chemical Standardization of Raw Drugs’ by Dr. Ravindra Singh, A. D. (Chemistry), CCRAS. The workshop was focussed on the procedures followed in the functioning of the National Raw Drug Repository (NRDR); hence ‘Hands on training on collection/drying/preservation/preparation of Herbarium Sheets and Digitization of Herbarium Sheets’ were given

jointly by Dr. Neelima Sharma, R.O. (Ay.), CARI, Jhansi, Dr. Sanjeev Lale, R.O. (Ay.), CARI, Jhansi and Dr. Jagdish Arya, R.O. (Bot.), CARI, Jhansi. Further, Dr. Sunita Garg, Emeritus Scientist, NISCAIR CSIR, New Delhi, delivered a presentation on ‘Collection of Raw drug & Herbarium Samples’ and Dr. R. Murugeswaran Deputy Director, NMPB, delivered informative discussion on ‘Medicinal Plants of Southern Western Ghats issues and challenges’. Total 43 participants attended the event.

## Visit of MoAyush dignitaries at RARI, Pune



Hon’ble Secretary of Ayush Ministry, Vaidya Rajesh Kotecha, along with Additional Secretary, Mr. Pramod Kumar Pathak, MoAyush, and Advisor, Dr. Manoj Nesari, MoAyush, visited CCRAS institute Regional Ayurveda Research Institute (RARI), Pune, on 10<sup>th</sup> February, 2021. All the dignitaries visited the site of Aushadha Aranyama (Miyawaki part I, II) developed at the institute garden. The plantation was also done by the dignitaries in the institute garden. Dr. Arun Gurav, Assistant Director Institute Incharge, has briefed the

research activities and achievement of the institute. Vd. Rajesh Kotecha, Secretary, MoAyush, in his address recommended the promotion of the research activities in the institute.

## Medical and Health Check-up Camps and Ethno-Medico-Botanical Tours

### CARI, Patiala

- The Ayurveda Health Care Programme team under the Scheduled Caste Sub Plan conducted 62 surveys in villages namely: Tuggopati Shutrana, Mansurpur, Ikolaha, Subhash Nagar, Bosar Kalan and Nanansu. Total 2308 population surveyed and free medical services provided to 2303 patients.
- Under SCSP-Reproduction and Child Health Care, the team conducted 60 surveys in villages namely; Gazi Salar, Ramnagar, Churason, Alwal Majra, Fatehpur Garhi, Gujar Hedi and Malkon. Total 655 population surveyed and free medical services provided to 1753 patients.

## IEC, Awareness programmes and Arogya Mela

### CCRAS, Headquarters, New Delhi



Glimpses of International Women's Day Celebrations at CCRAS, Headquarters, New Delhi

An event was organized on 8<sup>th</sup> March, 2021 to mark the celebrations of International Women's Day and honor the achievements of women at Council Headquarters office in Janakpuri, New Delhi. The program highlighted the contribution of women at the frontlines of research during the COVID 19 crisis as innovators, community research proponents, caregivers, and aligned it with the theme for this year “Women in leadership achieving an equal future in COVID-19 world”.

The program was conducted in the august presence of Director General, CCRAS, Prof. Vaidya K. S. Dhiman; Deputy Director General, Dr. N. Srikanth and the Deputy Director Administration, Sh. R.K Ahluwalia. The inaugural speech delivered by Adv. Meenu Abrol, Legal Consultant, CCRAS, welcome address by Dr. Renu Singh, R.O. (Ay.), speech on the contribution of women and challenges faced by them delivered by Dr. V. K. Shahi, A.D. (Ay.), Dr. Ravindra Singh, A.D. (Chem.) and Sh. A. K. Meena, Admin Officer. Kavya paath by Dr. Sakshi Sharma, R.O. (Ay.), CARI, Punjabi Bagh, Delhi, Dr. V. K. Lavaniya, R.O. (Ay.) and Dr. Arunabh Tripathi, Statistical Officer, were other significant activities during the program.

The women employees who have demonstrated their leadership, technical skills, innovation and creativity, and strategic vision to effectively contribute to the COVID-19 response and research efforts were lauded on this occasion. Five women employees who demonstrated exceptional skills in research and administration were feted with mementos and citations for their indomitable spirit and remarkable performance in the last year. Various cultural activities and team building activities were conducted to establish bonds and encourage creativity and communication among the staff.

### **CARI, Patiala**



**Visitors at CCRAS publication stall during Ayurveda Parv 2021, at Dayanand Ayurvedic College, Jalandhar, Punjab**

Central Ayurveda Research Institute (CARI), Patiala, on behalf of CCRAS participated in ‘Ayurveda Parva-2021’ organized by Dayanand Ayurvedic College, Jalandhar, Punjab and sponsored by All India Ayurved Congress, Punjab & Chandigarh Board of Ayurvedic and Unani Systems of Medicine, Punjab and Guru Ravidas Ayurved University, Hoshiarpur. The event was held from 19<sup>th</sup> March, 2021 to 21<sup>st</sup> March, 2021 in which various Stalls were organized like Information Cell, display and distribution of IEC, sale of CCRAS Publication etc.

### **RARI, Thiruvananthapuram**

Dr. Soumya M C, R.O. (Ay.), took an awareness session about the ‘Household uses of medicinal plants’ for OPD patients on 26<sup>th</sup> February, 2021 at RARI, Thiruvananthapuram.

## NCIMH, Hyderabad

On the eve of celebration of Siddha Day on 02-01-2021, Institute celebrated 4<sup>th</sup> Siddha day on 08<sup>th</sup> January, 2021. Dr. G.P. Prasad, A.D. In-Charge, graced the occasion and encouraged staff to explore more about Siddha system. Dr. R. Abinaya, Consultant (Siddha), delivered a lecture on Basic concepts of Siddha Medicine like Diseases, Diagnosis, Treatment aspects and Origin of Siddha System of Medicine on this occasion.

## CARI, Lucknow



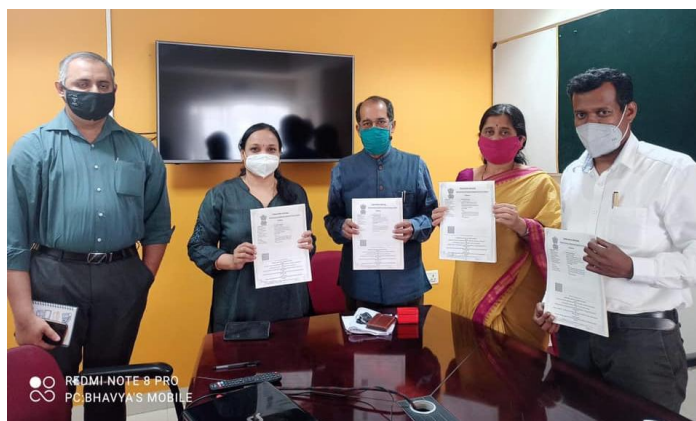
**An MoU signed between RARI, Lucknow and KGMU, Lucknow for prophylactic study on *Chyawanprash* on 7<sup>th</sup> January, 2021.**

An Memorandum of Understanding (MoU) was signed between CCRAS institute Central Ayurveda Research Institute (CARI), Lucknow and King George's Medical University (KGMU), Lucknow, for the project “Clinical Evaluation of Chyawanprash for the prevention of COVID-19 among Health Care Personal-An open label, prospective Randomized controlled study” in the presence of Dr. Om Prakash, Assistant Director In-charge, CARI, Lucknow and General Dr. Bipin Puri, Vice Chancellor, KGMU Lucknow, on 07<sup>th</sup> January, 2021. On this occasion, Dr. Sanjay Kumar Singh, R.O. (Ay.), Dr. Alok Kumar Srivastava, R.O. (Ay.), and Dr. Kamble Pallavi Namdev, R.O. (Ay.), were present.

## NARIP, Cheruthuruthy

Re-orientation programme on Panchakarma and allied procedures was conducted at NARIP, Cheruthuruthy between 29<sup>th</sup> December, 2020 and 7<sup>th</sup> January, 2021, for Panchakarma therapists and Nursing staff. The event witnessed interactive sessions and hands-on re-orientation on Standard operative procedures and effective Panchakarma administration. Dr. D. Sudhakar, AD In-Charge, inaugurated the programme and sessions were managed by Dr. V.C. Deep, A.D. (Ay.); Dr. Aswani P.S., R.O. (Ay.); Dr. Krishna Kumar, R.O. (Ay.); Dr. Pratap Shankar, R.O. (Ay.); Dr. Remya E., R.O. (Ay.) and Dr. Binita, R.O. (Ay.). All Panchakarma therapists and Nursing staff attended the programme.

## CARI, Bengaluru



**Glimpse of MoU signed between CCRAS and Trans disciplinary University (TDU) Bengaluru in the presence of Atul K. Gupta, Registrar, TDU; Dr. Sulochana Bhat, Assistant Director Incharge, CARI, Bengaluru; Dr. Poornima, Centre for Clinical Research & Education, TDU Bengaluru and Dr. Raghavendra Naik, RO (Ay.), CARI, Bengaluru on 23.02.2021**

An MoU has been signed between CCRAS and Trans disciplinary University (TDU), Bengaluru, on 23<sup>rd</sup> February, 2021 for a collaborative research project ‘Systems biology approach to delineate molecular signatures of Prakriti in healthy humans’ to be conducted in collaboration with JNU, New Delhi; ICGEB, New Delhi and TDU, Bengaluru.

## NCIMH, Hyderabad



**Visit of NCIMH, Hyderabad officials along with team of NFDC at Saidapur village and Phanigiri village where the Medical inscription has been found.**

As a part of the development of the Museum of National Centre of Indian Medical Heritage, Hyderabad Museum Documentary filming and shooting work, the team consisting Dr. G. P. Prasad, A.D. In-Charge; Dr. T. Saketh Ram, R.O. (Ay.), and Mr. P. Murali Manohar, ARO (Curator), visited Saidapur village and Phanigiri village along with a team of NFDC for the filming and shooting on 18<sup>th</sup> January, 2021. Aggalayya medical inscription located in Saidapur village, Yadagirigutta Mandal, Yadadri Bhuvanagiri Dist. Phanigiri is the Buddhist site where the Medical inscription has been found which belongs to the 3<sup>rd</sup> to 4<sup>th</sup> Centuries. The guidance and support was extended by Smt. Bujji, A.D., Dept. of Heritage, Govt. of Telangana and assistance by Shri. Veerayya and Shri Yakayya, Local Custodians. Regarding this survey programme of the Aggalayya Medical Inscription and Phanigiri Buddhist medical inscription; the telugu news papers, Enaadu and Namaste Telangana covered in the Main edition. Sakshi telugu newspaper covered this tour programme in the District edition.

## Participation of Council Officers in Important Meetings, Seminars and Conferences and Presentation of Papers

### CARI, Patiala

Dr. Harbans Singh, R.O. (Ay.) and Dr. Sandip Kumar Ramjivan Baheti, R.O. (Ay.) participated in a training cum interactive workshop for investigators of the project entitled ‘Systems biology approach to delineate molecular signatures of prakriti in healthy humans’ at CCRAS headquarters, New Delhi on 12<sup>th</sup> March, 2021 and 13<sup>th</sup> March, 2021.

### RARI, Mandi

- Dr. Rajesh Sannd, Assistant Director In-charge and Dr. Vineeta Kumari Negi, R.O. (Ay.) attended “ICMR-CCRAS online training on Research ethics, GCP & regulations for biomedical & health research organized jointly by ICMR bioethics unit NCDIR Bangalore and CCRAS, New Delhi on 21<sup>st</sup> January, 2021.
- Dr. Vineeta Kumari Negi, R.O. (Ay.) attended the 21<sup>st</sup> National and 6<sup>th</sup> International virtual conference & workshop on CCPR organized by department of Sangyahan, faculty of Ayurveda IMS BHU, Varanasi on 17<sup>th</sup> January, 2021.
- All Research Officers of the Institute attended a Webinar on ‘Awareness Programme on Pharmacovigilance’ organized by Peripheral Pharmacovigilance Centre (PPvCs Code 031) of Regional Ayurveda Research Institute, Tadong, Gangtok, Sikkim under CCRAS on 23<sup>rd</sup> March, 2021.

### RARI, Thiruvananthapuram

- Dr. Emy S. Surendran, R.O. (Ay.), has attended a 10 days Seminar on ‘Research Methodology and Statistics’ organized by CARING, Thiruvananthapuram from 14<sup>th</sup> January, 2021 to 25<sup>th</sup> January, 2021.
- Dr. Soumya M. C., R.O. (Ay.), has attended an online training on Public Fund Management System (PFMS) organized by NMPB on 22<sup>nd</sup> January, 2021.
- The institute participated in the ‘4<sup>th</sup> Global Ayurveda Festival 2021’ organized by Centre for Innovation in science & social action (CISSA) from 12<sup>th</sup> March, 2021 to 19<sup>th</sup> March, 2021 and presented papers on ‘Importance of *tiktharasa* in the management of Asrigdara – A review’ by Dr. Emy. S. Surendran, R.O. (Ay.); ‘Vamanakarma in arthavakshaya associated with Polycystic ovarian syndrome’ by Dr. Meghna P. P, R.O. (Ay.); ‘Poster presentation Review on the Immunomodulatory Action of Ashwagandha (*Withaniasomnifera* L.)’ by Dr. Soumya. M.C, R.O. (Ay.); ‘Immunisation and Ayurveda’ by Dr. Sinimol T.P, R.O. (Ay.) and ‘PrakaraYogas –The need of the hour in tackling Paediatric Infections’ by Dr. Karthika A P, R.O. (Ay.).
- Dr. Praveen Balakrishnan, R.O. (Ay.) participated in the offline and online training program on ‘Evidence Synthesis & Health Technology Assessment - Blended Learning’ conducted by IIPH, New Delhi on 21<sup>st</sup> March, 2021.

## MSRARI, Jaipur

- Dr. B. R. Meena, Assistant Director Incharge, and Dr. Swati Sharma, R.O. (Ay.), participated in a meeting to review the status of the Integration of NPCDCS Programme held on 15<sup>th</sup> January, 2021, organized by the CCRAS Hqrs. Office, New Delhi.
- Dr. B. R. Meena, Assistant Director Incharge, participated in the Training Programme on ‘GCP Guidelines & Bio-Medical & Health Research Ethics’ through video conferencing held on 21<sup>st</sup> January, 2021, conducted by CCRAS, New Delhi, in collaboration with Bio Ethics Unit, National Centre for Diseases informatics & Research - ICMR, Bengaluru, for the members of Institutional Ethics Committee of the CCRAS Institutes involved in the Clinical Research.
- Dr. B.R. Meena, Assistant Director Incharge and Dr. Monika Kumari R.O. (Ay.), participated in the meeting regarding the THCRP (2021-22) held on 25<sup>th</sup> January, 2021, organized by the CCRAS Hqrs. Office, New Delhi.
- Dr. B.R. Meena, Assistant Director Incharge and Dr Monika Kumari R.O. (Ay.) participated in the meeting on ‘A prospective open labelled observational study to document the potential safety issues and prescription trends of selected Rasausadhi’s in CCRAS – OPD’s across India’ held on 01st February, 2021, organized by the CCRAS Hqrs. Office, New Delhi.
- Dr. B.R. Meena, Assistant Director Incharge participated in the 80<sup>th</sup> Half yearly meeting of ‘Nagar Rajbhasha Karyanvayan Samiti (Ka-1), Jaipur’ held on 04<sup>th</sup> February, 2021, organized by the Office of Indian Audit and Accounts Department, Office of the Accountant General (A&E), Rajasthan, Jaipur through video conferencing.
- Dr. B.R. Meena, Assistant Director Incharge, attended a webinar on ‘Learnings from Ayush System on NCSs’ held on 26<sup>th</sup> February, 2021, organized by the Directorate General of Health Services.
- Dr. B.R. Meena, Assistant Director Incharge; Dr. Monika Kumari, R.O. (Ay.); Dr. Swati Sharma, R.O. (Ay.); Dr. Indu PP, R.O. (Ay.) and Dr. Suhas Chaudhary, R.O. (Ay.), attended the ceremony of release of publication “History of Medicine in India" authored by Padma Bhushan Prof. R.D. Lele through video conferencing held on 11<sup>th</sup> March, 2021.
- Dr. B.R. Meena, Assistant Director Incharge; Dr. Monika Kumari, R.O. (Ayu); Dr. Swati Sharma, R.O. (Ay.); Dr. Indu PP, R.O. (Ay.) and Dr. Suhas Chaudhary, R.O., (Ay.), participated in ‘Awareness programme on Pharmacovigilance’ organized by Peripheral Pharmacovigilance Centre, Gangtok, Sikkim under CCRAS on 23<sup>rd</sup> March, 2021, through video conferencing.

## NCIMH, Hyderabad



Glimpse of experts of history, Heritage Museum & epigraphic and Research Scholars during ‘Brain Storming Meeting on Inscriptions of Medical Importance in Telangana and Andhra Pradesh’ at NCIMH, Hyderabad



On 24<sup>th</sup> March, 2021 the National Centre for Indian Medical Heritage (NCIMH) conducted 'Brainstorming Meeting on Inscriptions of Medical Importance in Telangana and Andhra Pradesh' with experts of history, Heritage Museum & Epigraphic and Research Scholars. The experts gave deliberations on collection, analysis and conduct of development of History of Medicine based on inscriptions in Telangana and Andhra Pradesh region through VC Lectures as well as physical presence. Dr. G.P. Prasad, A.D. In-Charge, NCIMH addressed the participants. Dr. N. Srikanth, D.G., CCRAS, I/c graced the occasion by giving his valuable suggestions and guidance. Experts Dr. Muniratnam Reddy, Director (Epigraphy), ASI, Mysore; Dr. Ranganayakulu, Retd. Director, Sri Venkateshwara Museum, Tirumal Tirupati Devasthanam, Tirupati; Shri Hara Gopal, Historian, Hyderabad; Mr. Brahmachari, Deputy Director (Retd.), AP Archeology Dept, Hyderabad; Mr. Venkataratnam, Deputy Director (Retd.), AP Archeology Dept, Hyderabad; Dr. D Surya Kumar, Historian and Expert in Epigraphy, Nakrekal, Nalgonda Dist, Telangana and other eminent dignitaries delivered informative lectures.

## Guest Lectures, Radio/TV Talks and Interviews



**DG, CCRAS along with other eminent speakers during live webinar on 'Role of Ayurveda during COVID-19' organized by DIVYA Himachal Media Group, Himachal on 19<sup>th</sup> March, 2021**

Director General, Vaidya K. S. Dhiman, CCRAS participated as a Guest speaker along with other eminent dignitaries including Dr. JLN Sastry, CEO, NMPB, New Delhi; Dr. Preeti Chhabra, Consultant (Ay.), Sir Gangaram Hospital, New Delhi and Mr. Anil Agnihotri, Deputy News Editor, Divya Himachal Media Group, Himachal Pradesh, in a Live webinar on 'Role of Ayurveda during COVID-19' organized by Divya Himachal Media Group, Himachal Pradesh on 19<sup>th</sup> March, 2021. Various talks related to the theme were delivered by guest speakers. The webinar was attended by live audiences and a Question & Answer session was also conducted.

## Honours /Awards

### RARI, Mandi

Dr. Chris Antony, R.O. (Ay.) was awarded with ‘*Utkrishta Puraskar*’ & a cash prize on 23<sup>rd</sup> March, 2021 for participating and achieving high marks in *Hindi Karyashala* conducted at RARI, Mandi as a part of *Nagar Rajbhasha Karyanvayan Samiti*, Mandi.

### RARI, Thiruvananthapuram

Dr. Sinimol T. P., R.O. (Ay.) received Dridabala award for ‘First International Essay Competition 2020’ on ‘Health and Ayurveda’ organised by Institute of Teaching and Research in Ayurveda, Jamnagar and Charaka Samhitha Research, Training and skill Development Centre (CSRTDC).

## Republic Day Celebration



Glimpse of Flag hoisting ceremony at NCIMH, Hyderabad on the occasion of 72<sup>nd</sup> Republic day.



Flag hoisting ceremony by Dr. Gajendra Rao, Institute Incharge, during Republic day at RARI, Ranikhet.



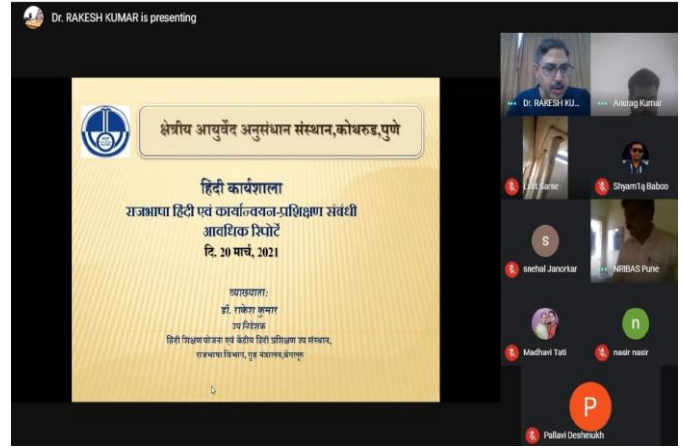
Glimpse of Flag hoisting ceremony at RARI, Pune on the occasion of 72<sup>nd</sup> Republic day.

## Hindi Workshops and Trainings

The Council has been known for the implementation of the Official Language Policy of the Official Language Department. As part of this venture, Hindi Karyashala was organized by all the peripheral Institutes of the Council. Glimpse of some of the activities are:



Vies of Hindi workshop organized on the topic 'राजभाषा हिंदी से सम्बंधित कार्यो के सरलता पूर्वक निष्पादन हेतु' on 18<sup>th</sup> March, 2021 at CARI, Jhansi



Glimpse of Hindi karyashala organized as a webinar through video conferencing on 20<sup>th</sup> March, 2021 at RARI, Pune



Chief Guest Dr. Anuradha Pandey, Hindi Officer, DRDO, Hyderabad, delivering lecture at NCIMH, Hyderabad on 22<sup>nd</sup> January, 2021

## Appointment/Promotions/Retirements

### CCRAS, Headquarters

- Vaidya Kartar Singh Dhiman, was relieved from the charge of Director General, CCRAS on 23<sup>rd</sup> March, 2021



- Dr. V. K. Shahi, A.D. (Ay.), retired on attaining the age of superannuation on 31<sup>st</sup> March, 2021
- Dr. Dhiraj Rajput joined as R.O. (Ay.) on 1<sup>st</sup> February, 2021.

### **CARI, Patiala**

- Dr. Mahesh S, joined the institute as R.O. (Ay.) on 25<sup>th</sup> January, 2021.
- Sh. Ravi Kumar, Lab Technician, was promoted to the post of Research Assistant and transferred to CARI, Jhansi and relieved on 30<sup>th</sup> January, 2021.
- Dr. Neethu Keshavn, joined the institute as R.O. (Ay.) on 05<sup>th</sup> February, 2021.
- Miss Ekta joined the institute as Staff Nurse on 06<sup>th</sup> March, 2021.

### **RARI, Thiruvananthapuram**

Dr. V. Subhose joined as Assistant Director In charge of the Institute on 10<sup>th</sup> February, 2021.

### **MSRARI, Jaipur**

Sh. Amit Kumar Dhiman, Ward Boy transferred to CARI, Punjabi Bagh, New Delhi, and relieved from the institute on 18<sup>th</sup> January, 2021.

## **संपादकीय मंडल / Editorial Board**

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डॉ. वी. के. लवानिया, अनु. अधि. (आयु.)

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